

mastery Senior Vitality

RATIONS JOURNALIERES INDICATIVES



3 kg
5 kg
10 kg

60 - 70 g
90 - 100 g
140 - 160 g



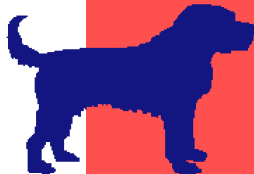
15 kg
20 kg
30 kg

180 - 210 g
230 - 260 g
300 - 340 g



40 kg
50 kg
60 kg

360 - 410 g
420 - 480 g
480 - 540 g



70 kg
80 kg
90 kg

530 - 600 g
580 - 660 g
650 - 720 g